

Deepening Our Spiritual Practice

Homewood Friends Meeting

Pre-session readings or videos to watch

Session 1 Longing & Yearning

https://www.youtube.com/watch?v=l1B_DvM68nA

<https://awholeheart.com/2012/12/20/longing-the-first-element-in-the-spiritual-journey-of-early-friends/>

https://www.youtube.com/watch?v=CmL_GhnXSJQ

Watch video and read the blog page. We will do the queries in session.

Session 2 Finding a Solution

<https://www.youtube.com/watch?v=x0SLPW0JHsU&t=9s>

Watch video.

Session 3 Yielding and Giving Over

<https://youtu.be/ZYptdeh2mBE>

Watch video.

Session 4 Coming together & Going Deeper

<https://www.youtube.com/watch?v=fx90l4jN4-0&t=47s>

<https://www.youtube.com/watch?v=8P1aaM18OEs>

Watch videos.

Session 5 Leadings and Discernment

<https://youtube.com/playlist?list=PLYGeg7-c6HCtaclOVSTMCmLi5pzvOVeVv>

There are several videos on activism, including race work such as what we are doing in our meeting. Choose whichever videos you wish to watch. Later, come back to those you did not choose.

Session 6

<https://www.bym-rsf.org/publications/fandp/home.html>

Scroll down to the links to the 1988 Faith and Practice. Look over the table of contents to get a general sense of what is contained therein. You will notice part 1 is on our history of which Homewood was a major player, and also Quaker life (faith, family and spiritual practice). Part II has the advices and queries which will be the focus of this session. Please feel free to look at these in advance.